

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## James Wood

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 1 of 3

held at Walter Sisulu Garden.

**TIME** 01:38:55

**PACE** 07:36/km

**OVERALL** 53 of 115

**GENDER** 35 of 46

**40 - 49** 8 of 12

12 May 2018, Sat

Date



Bout Time